

| Summer Menu WEEK 4 | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------|--|--|---|---|---|
| Lunch | Turkey & vegetable casserole with country style diced potatoes Cel | Lentil & vegetable bolognaise with tricolore pasta twists Ce Cel | Boned & rolled roast Pork Cel , roast potatoes & farm house vegetables | Chicken & vegetable kebabs Cel & brown basmati rice | Cod, salmon & broccoli in a 3- cheese sauce Da Cel Fi So with baked potato |
| Dessert | Strawberry ice cream pots Da | Strawberry, honeydew melon & peach cocktail | Vanilla custard with sliced banana Da | Plum, watermelon & apricot cocktail | Apple sponge squares Eg Da Ce |
| Snack | Fresh Chopped Fruit | Fresh Chopped Fruit | Fresh Chopped Fruit | Fresh Chopped Fruit | Fresh Chopped Fruit |
| High Tea | Mexican rice Cel Grated Carrot | Turkey high fibre roll Da Se Ce Baton Carrots | Cheese, tomato topped muffins Da Ce Diced cucumber & sweetcorn salad | Tuna & philly sandwiches Da So Ce Fi Tomato Wedges | Fill your own tortilla Ce with grated cheese & salad Da Baton Cucumber |
| Dessert | Apricot oat bar Da Ce | Natural yoghurt with blackcurrant puree Da | Carrot sponge Ce Eg Da | Banana Oat Cookie Da Ce | Natural yoghurt with chopped peach Da |

We list the 14 food allergens: **C**ereals (gluten, wheat, rye, barley, oats) **Cr**ustaceans (prawns, crab, lobster) **E**ggs, **F**ish, **P**eanuts, **S**oybeans, **D**airy, **N**uts,
Celery, **M**ustard, **S**esame, **S**ulphur dioxide, **L**upin, **M**ollusc (clams, mussels, whelks, oysters, snails)

| Vegetarian WEEK 4 | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------|---|---|---|--|---|
| Lunch | Chickpea & vegetable casserole with country style diced potatoes Cel | Lentil & vegetable bolognaise with tricolore pasta twists Ce Cel | Roast high iron slice Cel Ce So , roast potatoes & farm house vegetables | Butterbean & vegetable kebabs Cel Ce & brown basmati rice | Haricot bean & broccoli in a 3-cheese sauce Da Cel So with baked potato |
| Dessert | Strawberry ice cream pots Da | Strawberry, honeydew melon & peach cocktail | Vanilla custard with sliced banana Da | Plum, watermelon & apricot cocktail | Apple sponge squares Eg Da Ce |
| Snack | Fresh Chopped Fruit | Fresh Chopped Fruit | Fresh Chopped Fruit | Fresh Chopped Fruit | Fresh Chopped Fruit |
| High Tea | Mexican rice Cel Grated Carrot | Grated cheese high fibre roll Da Se Ce Baton Carrots | Cheese, tomato topped muffins Da Ce Diced cucumber & sweetcorn salad | Marmite & philly sandwiches Da So Ce Cel Tomato Wedges | Fill your own tortilla Ce with grated cheese & salad Da Baton Cucumber |
| Dessert | Apricot oat bar Da Ce | Natural yoghurt with blackcurrant puree Da | Carrot sponge Ce Eg Da | Banana Oat Cookie Da Ce | Natural yoghurt with chopped peach Da |

| Halal WEEK 4 | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------|---|---|---|--|---|
| Lunch | Turkey & vegetable casserole with country style diced potatoes Cel | Lentil & vegetable bolognaise with tricolore pasta twists Ce Cel | Boned & rolled roast turkey Cel , roast potatoes & farm house vegetables | Chicken & vegetable kebabs Cel & brown basmati rice | Cod, salmon & broccoli in a 3-cheese sauce Da Cel Fi So with baked potato |
| Dessert | Strawberry ice cream pots Da | Strawberry, honeydew melon & peach cocktail | Vanilla custard with sliced banana Da | Plum, watermelon & apricot cocktail | Apple sponge squares Eg Da Ce |
| Snack | Fresh Chopped Fruit | Fresh Chopped Fruit | Fresh Chopped Fruit | Fresh Chopped Fruit | Fresh Chopped Fruit |
| High Tea | Mexican rice Cel Grated Carrot | Turkey high fibre roll Da Se Ce Baton Carrots | Cheese, tomato topped muffins Da Ce Diced cucumber & sweetcorn salad | Tuna & philly sandwiches Da So Ce Fi Tomato Wedges | Fill your own tortilla Ce with grated cheese & salad Da Baton Cucumber |
| Dessert | Apricot oat bar Da Ce | Natural yoghurt with blackcurrant puree Da | Carrot sponge Ce Eg Da | Banana Oat Cookie Da Ce | Natural yoghurt with chopped peach Da |

| Summer Menu WEEK 4 | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------|--|---|---|--|---|
| Lunch | Turkey & vegetables with swede & potato mash | Lentil & vegetable bolognaise with pasta twists Ce | Roast pork, roast potatoes with winter vegetables | Chicken & vegetables with basmati rice | Cod & broccoli in a cheese sauce with baked potato Fi Da |
| Fruit | Banana & Paw Paw Puree | Mango & Pear Puree | Honeydew Melon & Green Apple Puree | Red Apple & Mango Puree | Banana & Pear Puree |
| Tea | Tuna & vegetable bake Fi | Turkey & vegetable pie | Country vegetable medley | Pork & vegetable hot pot | Chicken & vegetable medley |
| Baby Menu | | | | | |

| Summer Menu WEEK 4 | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------|---|---|--|---|--|
| Lunch | Chickpeas & vegetables with swede & potato mash | Lentil & vegetable bolognaise with pasta twists Ce | High iron vegetable loaf, roast potatoes, baby carrots | Lentils in a tomato & vegetable sauce with basmati rice | Tofu & broccoli in a cheese sauce with baked potato Da So |
| Fruit | Banana & Paw Paw Puree | Mango & Pear Puree | Honeydew Melon & Green Apple Puree | Red Apple & Mango Puree | Banana & Pear Puree |
| Tea | Butterbean & vegetable bake | Golden vegetable pie | Country vegetable medley | Chickpea & vegetable hot pot | Haricot bean & vegetable medley |
| Baby Veg Menu | | | | | |

| Summer Menu WEEK 4 | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------|---------------|--------------------|------------------------|--------------------|------------------------|
| Lunch | Swede Puree | Sweet Potato Puree | Butternut Squash Puree | Broccoli Puree | Carrot Puree |
| Fruit | Paw Paw Puree | Pear Puree | Green Apple Puree | Mango Puree | Banana Puree |
| Tea | Parsnip Puree | Carrot Puree | Cauliflower Puree | Sweet Potato Puree | Butternut Squash Puree |
| Early Weaner Menu | | | | | |

| Summer Menu WEEK 4 | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------|-------------------------------|---------------------------------|--------------------------------------|---------------------------------------|-----------------------------------|
| Meat Puree | Cod, Carrot & Swede Fi | Chicken, Spinach & Sweet Potato | Turkey, Butternut squash and Parsnip | Cod, Broccoli & Cauliflower Fi | Chicken, Carrot & Sweet Potato |
| Veg Puree | Carrot & Swede | Spinach & Sweet Potato | Butternut Squash Puree & Parsnip | Broccoli & Cauliflower | Carrot & Sweet Potato |
| Tea | Parsnip & cauliflower puree | Carrot & Broccoli puree | Cauliflower & Swede puree | Sweet Potato & Parsnip puree | Butternut Squash & Broccoli puree |
| Dessert | Banana & Paw Paw Puree | Pear & Mango Puree | Honeydew Melon & Green Apple Puree | Red Apple & Mango Puree | Pear & Banana Puree |

Vegetable & Meat Weaning Menu

| Summer Menu WEEK 4 | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------|--|--|--|--|---|
| Lunch | Turkey & vegetables with swede and potato mash | Lentil & vegetable bolognaise with pasta Ce | Roast pork, roast potatoes & winter vegetables | Chicken & vegetables with rice | Cod & broccoli in a cheese sauce with baked potato Da Fi |
| Dessert | Banana and vanilla ice cream Da | Honeydew melon & peach cocktail | Vanilla custard with sliced banana Da | Apricot & watermelon cocktail | Apple sponge squares Da Ce Eg |
| Tea | Tuna & vegetable bake Fi | Turkey and vegetable pie | Country vegetable medley | Pork & vegetable hot pot | Chicken & vegetable medley |
| Dessert | Natural yoghurt with paw paw puree Da | Natural yoghurt with pear puree Da | Natural yoghurt with apple puree Da | Natural yoghurt with mango puree Da | Natural yoghurt with banana puree Da |

Big Baby Menu

We list the 14 food allergens: **C**ereals (gluten, wheat, rye, barley, oats) **C**rustaceans (prawns, crab, lobster) **E**ggs, **F**ish, **P**eanuts, **S**oybeans, **D**airy, **N**uts, **C**elery, **M**ustard, **S**esame, **S**ulphur dioxide, **L**upin, **M**ollusc (clams, mussels, whelks, oysters, snails)